



Mickey Cox  
Pep, Cheer & Spirit

Squad Practice:

Wednesday: Pep 1:30-2:30  
Cheer 3:00-4:00.

Tuesday: Spirit 7:15am-7:45am

Pep & Cheer will also practice during their lunch recess on Tuesdays and Thursdays.

**VERY IMPORTANT TO BE AT PRACTICE.  
WE PERFORM AS A TEAM AND MUST  
PRACTICE AS A TEAM.**

We will start morning practices with **SPIRIT SQUAD** beginning November 8th .

# November 2022

Mon	Tue	Wed	Thu	Fri
	1 Lunch Practice for Pep and Cheer.	2 PRACTICE TIMES Pep: 1:30-2:30 Cheer: 3:00-4:00	3 Lunch Practice for Pep and Cheer.	4
7	8 Spirit Practice: 7:15-7:45 Lunch Practice for Pep and Cheer.	9 PRACTICE TIMES Pep: 1:30-2:30 Cheer: 3:00-4:00	10 Lunch Practice for Pep and Cheer.	11
14	15 Spirit Practice: 7:15-7:45 Lunch Practice for Pep and Cheer.	16 PRACTICE TIMES Pep: 1:30-2:30 Cheer: 3:00-4:00	17 Lunch Practice for Pep and Cheer.	18 <b>All Squads Wear Uniform</b>
21	22	23	24 HAPPY THANKSGIVING	25
28	28 Spirit Practice: 7:15-7:45 Lunch Practice for Pep and Cheer.	30 PRACTICE TIMES Pep: 1:30-2:30 Cheer: 3:00-4:00		