



**Mickey Cox
Pep, Cheer & Spirit**

Pep Practice:

Wednesday: 1:30—2:30

Cheer Practice:

Wednesday: 3:00-4:00

Spirit Practice:

Wednesday (10/5) : 3:00-4:00

NO PRACTICE AFTER WEDNESDAY for SPIRIT UNTIL NOVEMBER 8.

Pep & Cheer will also practice during their lunch recess on Tuesdays and Thursdays.

VERY IMPORTANT TO BE AT PRACTICE. WE PERFORM AS A TEAM AND MUST PRACTICE AS A TEAM.

Spirit Practice will begin practicing on Tuesday mornings before school on November 8.

October 2022

Mon	Tue	Wed	Thu	Fri	Sat
3	4 Lunch Practice for Pep and Cheer.	5 1:30 -2:30 Pep Practice 3:00-4:00 Cheer & Spirit Practice	6 Lunch Practice for Pep and Cheer.	7 All Squads Wear Uniform Report to the football field at	8
10	11 Lunch Practice for Pep and Cheer.	12 1:30 -2:30 Pep Practice 3:00-4:00 Cheer Practice	13 Lunch Practice for Pep and Cheer.	14 All Squads Wear Uniform	15
17	18 Lunch Practice for Pep and Cheer.	19 1:30 -2:30 Pep Practice 3:00-4:00 Cheer Practice	20 Lunch Practice for Pep and Cheer.	21 All Squads Wear Uniform	22
24	25 Awards Rally All Squads Wear Uniform	26 1:30 -2:30 Pep Practice 3:00-4:00 Cheer Practice	27 Lunch Practice for Pep and Cheer.	28	29
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